



# EAT LOCAL Milwaukee

our food choices matter

## Take the Challenge!

the first 2 weeks in September

### Resource Fair

On **Sunday, Aug 23rd**, visit the **Urban Ecology Center** from **1 to 3 pm** (before the Eat Local Challenge begins) to see cooking demos, get menu & recipe ideas, meet local vendors & producers, and learn where to buy local food.

### Eat-Ins

On **Labor Day, Sept. 7th**, people in communities all over the country will sit down to share a meal with their neighbors and kids. These National Eat-Ins will send a message to Congress: It's time to give America's children real food at school. It's Time for Lunch! [www.slowfoodusa.org](http://www.slowfoodusa.org)

### Friends of Real Food

On **Wednesday, Sept. 9th**, join the monthly gathering & potluck from **6 to 8 pm** at the **Urban Ecology Center** to celebrate the Eat Local Challenge.

### Local Food Festival

On **Saturday, Sept. 12th**, from **9 am to 1 pm**, at the **Fondy Farmers Market**, come on down to the first Milwaukee Local Food Festival! Activities for all ages – speakers, food education, tastings, kids activities, music, dancing, and more!

Eat food that is good for you, our community, and the planet

[www.eatlocalmilwaukee.org](http://www.eatlocalmilwaukee.org)

The Eat Local Challenge is  
a collaborative effort of:



Sponsored by:



Additional support from:  
Braise on the Go & people like you!