



[www.eatlocalmilwaukee.org](http://www.eatlocalmilwaukee.org)



# EAT LOCAL Milwaukee

Take the Challenge!  
the first 2 weeks in September

our food choices matter

Eat food that is good for you, our community, and the planet.

## Resource Fair

On **Sunday, Aug 23rd**, visit the **Urban Ecology Center** from **1 to 3 pm** (before the Eat Local Challenge begins) to see cooking demos, get menu & recipe ideas, meet local vendors & producers and learn where to buy local food.

## Eat-Ins

On **Labor Day, Sept. 7th**, people in communities all over the country will sit down to share a meal with their neighbors and kids. These National Eat-Ins will send a message to Congress: It's time to give America's children real food at school – It's Time for Lunch! [www.slowfoodusa.org](http://www.slowfoodusa.org)

## Friends of Real Food

On **Wednesday, Sept. 9th**, join the monthly gathering & potluck from **6 to 8 pm** at the **Urban Ecology Center** to celebrate the Eat Local Challenge.

## Local Food Festival

On **Saturday, Sept. 12th**, from **9 am to 1 pm**, at the **Fondy Farmers Market**, come on down to the first Milwaukee Local Food Festival! Activities for all ages – speakers, food education, tastings, kids activities, music, dancing, and more!

The Eat Local Challenge is a collaborative effort of:



Sponsored by:



Additional support from: Braise on the Go & people like you!

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